

Friday 26th June 2020

Art

Draw a big flower with a central circle and many petals. In each petal put a memory from Senior Infants. You can either draw a picture to represent the memory or write it in the petal. Colour and decorate your flower.
Send your teacher a picture of your Memory flowers.

(30 minutes)

P.E.

- **Warm up:** Open the attached **pdf 16 Warm up activity cards**. Pick any 3 of the activities and complete them.
- **Sports week:** Open the attached **pdf 17 Virtual sports week**. Today's challenge is the Long Jump. The challenge is to try to see how far you can jump. Bend your knees when you are jumping and bring your two arms back and bring them forward as you jump forward. Mark on the ground where you land and try to beat your distance each time.
<https://www.youtube.com/watch?v=KukE5AHkXp0&authuser=0>

- **School challenge:** Watch the video and try to attempt the challenge of the day.

<https://www.youtube.com/watch?v=VcmYfAxxUw&authuser=0>

Send your teacher a video of your long jump challenge.

(30 minutes)